

Exercises

Exercise 9: Version control with Git and GitHub

Read Chapter 9 to help you complete the questions in this exercise.

Before the session. This exercise assumes Git is installed, you have a GitHub account, and RStudio can authenticate with it. That takes about half an hour and is fiddly the first time, so please work through the **Setting up Git and GitHub** page before you arrive. If you hit a real problem, bring it to the start of the session and we'll help you, but we can't get everybody set up and still teach anything, so please try first.

Up to now your safety net has been saving your script and hoping for the best. Version control gives you something a good deal better. It keeps a record of every version of your work, along with who changed what, when, and why. If you've ever ended up with a folder containing `analysis_final_v2 REALLY_final.R`, this is the thing that saves you from it.

Git is the program that keeps that history on your computer. GitHub is a website that keeps a copy, which makes it a backup, a way to share work, and somewhere to point people who ask what you've been doing.

We'll only cover the everyday loop in this exercise, which is what you'll use ninety-nine times out of a hundred. You'll get Git working on your own computer first, in Q1 to Q7, and only then bring GitHub into it. Keeping those two apart in your head from the start makes the whole thing a good deal easier to reason about when something goes wrong.

1. Start by checking your setup is healthy. In the R console run the situation report:

```
library(usethis)

git_sitrep()
```

This prints a lot at once, which is normal. You're looking for just two things. Your name and email address near the top, under the Git global heading, and a line further down confirming that a personal access token was found. There's a picture of both at Step 7 of the setup page. Everything else you can ignore for now.

If either of those is missing, go back to the setup page and work out which step didn't take. Ask for help now rather than at Q4, when the symptom will be an error message rather than a missing line.

2. Now create somewhere for your work to live. We're going to make the repository on GitHub first and then bring it down to your computer, because that way the two ends are connected from the start and there's less to go wrong.

- a) Go to github.com and log in. Click the + in the top right and choose **New repository**. If you can't see it, your **Repositories** tab has a green **New** button that does the same thing.
- b) Name it `pu5058-practical`. Leave the visibility as **Public**. Switch **Add README** on. Then, in the **Add .gitignore** dropdown just below it, choose the **R** template. That last one is easy to miss and it saves you a job later, so check your form looks like this before you click **Create repository**.

Create a new repository

Repositories contain a project's files and version history. Have a project elsewhere? [Import a repository](#).

Required fields are marked with an asterisk (*).

1 General

Owner *



Repository name *

pu5058-practical

✓ pu5058-practical is available.

Great repository names are short and memorable. How about [turbo-waddle](#)?

Description

0 / 350 characters

2 Configuration

Choose visibility *

Choose who can see and commit to this repository

Public

Add README

READMEs can be used as longer descriptions. [About READMEs](#)

On

Add .gitignore

.gitignore tells git which files not to track. [About ignoring files](#)

R

Add license

Licenses explain how others can use your code. [About licenses](#)

No license

Create repository

- c) On the page that appears, click the green **Code** button, make sure **HTTPS** is selected rather than SSH, and copy the web address. It will end in `.git`.
- d) In RStudio, go to **File -> New Project....** The window that opens gives you three ways to make a Project, and you want the third one.

New Project Wizard

Create Project



New Directory
Start a project in a brand new working directory >



Existing Directory
Associate a project with an existing working directory >



Version Control
Checkout a project from a version control repository >

Cancel

Choose **Version Control**, then **Git**. Paste the address into the 'Repository URL' box. The 'Project directory name' box fills in on its own. Under 'Create project as a subdirectory of', browse to wherever you keep your work for this course, then click **Create Project**.

New Project Wizard

Back

Clone Git Repository



Repository URL:

ps://github.com/alex106/pu5058-practical.git

Project directory name:

pu5058-practical

Create project as subdirectory of:

~/Documents/Work/Repositories

Browse...

☐ Open in new session

Create Project

Cancel

If there's no **Version Control** option in that first window, RStudio hasn't found Git on your computer. That's Step 3 of the setup page, and the situation report in Q1 doesn't check it, so this is where you find out.

RStudio restarts and opens a new Project containing the README and the `.gitignore` that GitHub made for you. You now have the same repository in two places, one on your computer and one on GitHub. Keeping those two in step is what the rest of this exercise is about.

Note this is a *different* Project from the one you've used for Exercises 1 to 7. That's deliberate, so you're not putting the whole course under version control today.

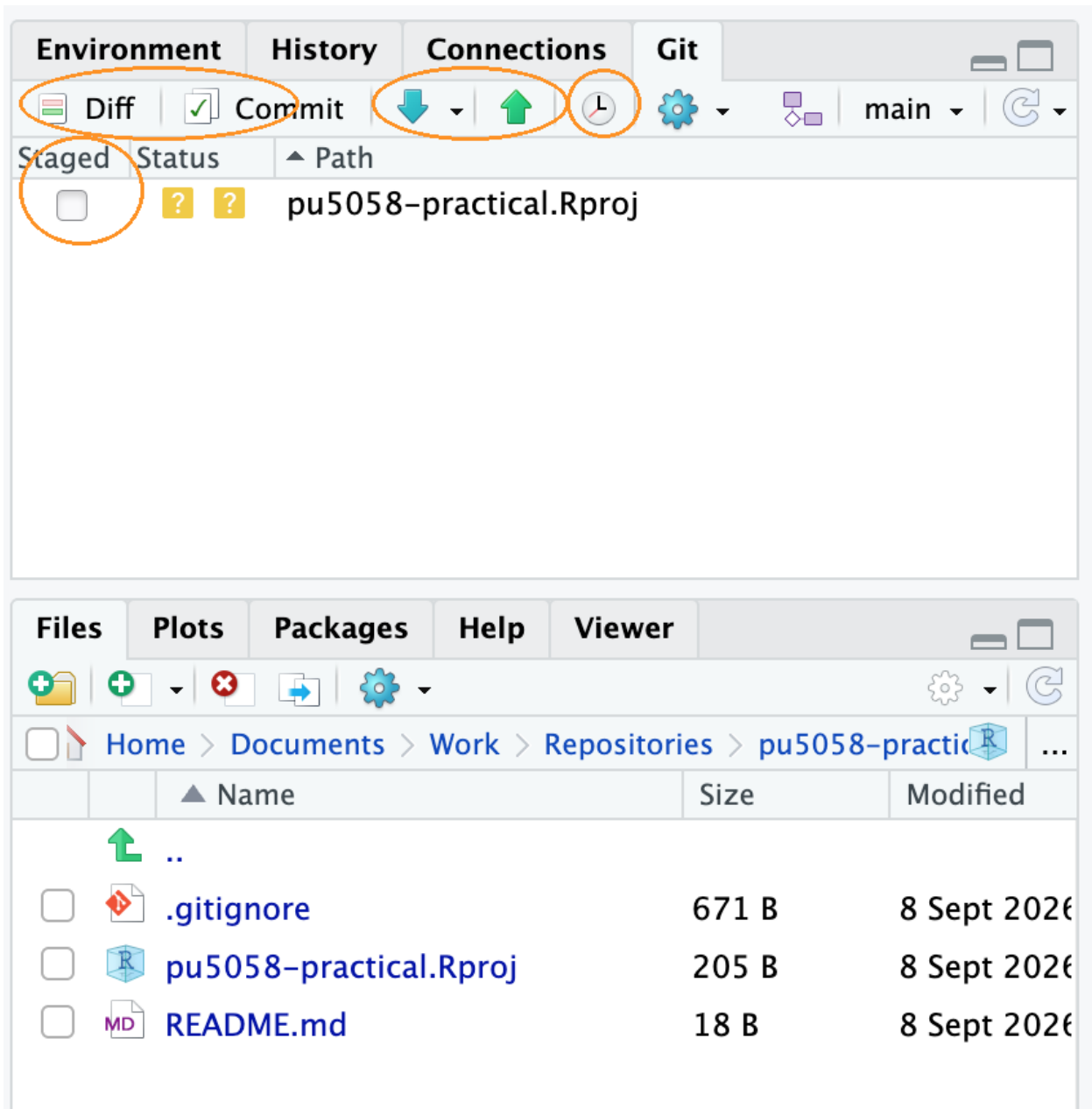
3. Before you touch anything, let's get our bearings. Find the **Git** tab in RStudio, which unless you've moved your panes around will be in the top right one alongside Environment and History. It only appears in a Project that's under version control, which is why Q2 came first.

There isn't much in it yet. You should see a single file, `pu5058-practical.Rproj`, which is the Project file RStudio made for you a moment ago. Everything else that came down from GitHub is already being looked after by Git, so there's nothing to report about it.

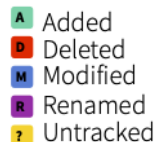
Find each of these, without clicking yet:

- the **Staged** column of tick boxes
- the **Diff** button, which shows you what changed
- the **Commit** button
- the **Pull** and **Push** buttons, the down and up arrows

- the **H**istory button, the little clock



The coloured icon beside a file tells you what Git currently makes of it. A yellow ? means Git can see the file but isn't keeping track of it, which is the case for `pu5058-practical.Rproj` right now. You'll meet a blue M for a file that's been modified and a green A for one you've staged as you work through the next few questions. Here is the full set:



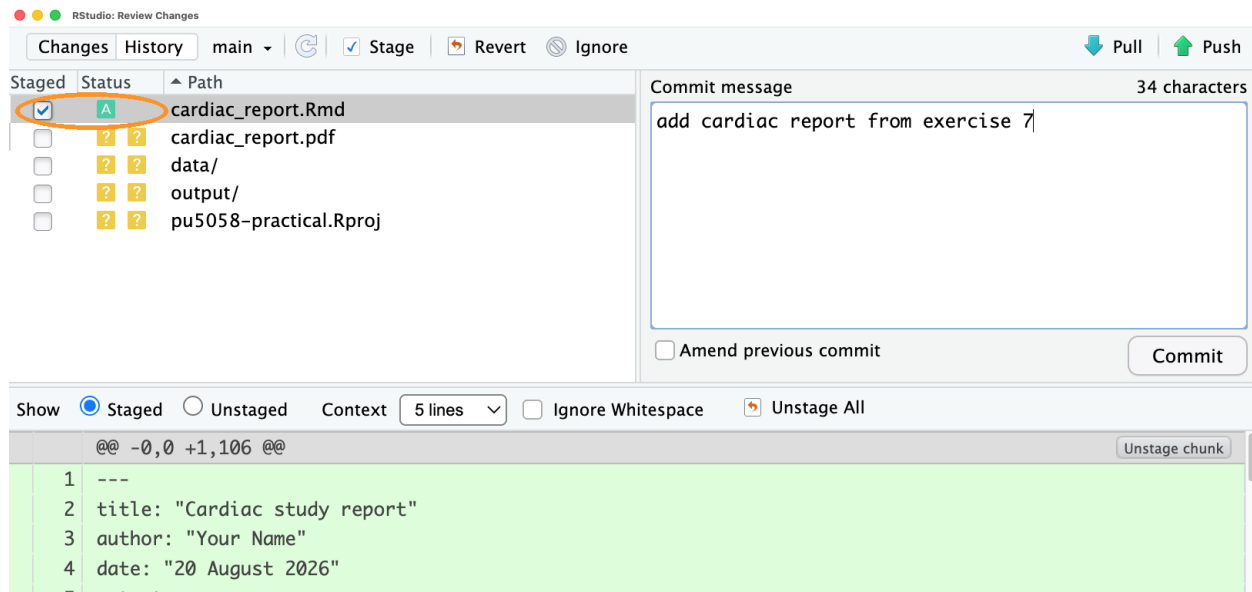
4. Time to make your first commit and we'll work through this slowly to begin with. First we'll need something worth saving. Rather than inventing something we'll use the R markdown report you built in Exercise 7.

- a) Remember, the report needs two folders alongside it to knit properly, so using your computer's file manager (Finder on a Mac, File Explorer on Windows) copy all three of these into your new Project folder:

- `cardiac_report.Rmd` itself
- a `data` folder containing `cardiacdata.txt`
- an `output` folder containing `ex6_admissions.png`

The file paths written inside the report are relative to the `.Rmd` file, so those two folders have to keep their names and sit right next to it. You're copying rather than moving because this is a different Project from the one you've been working in. If you haven't got a working report of your own, download the finished one from the Exercise 7 solutions.

- b) Next, open the `cardiac_report.Rmd` in RStudio and knit it (hit the **Knit** button, remember?). Do this before you go anywhere near Git, so that you know the report renders correctly. Knitting also produces your `cardiac_report.pdf`, which you'll come back to in Q7.
- c) Now look at the Git pane. Several things have appeared, all with a yellow `?`, because Git can see them but isn't keeping track of any of them yet. Tick the **Staged** box next to `cardiac_report.Rmd` (only that one at the moment). Its icon changes to a green **A**, for 'added'. We'll deal with the other files in a bit as we need to make some decisions about which files we want Git to track.
- d) Click the **Commit** button in the Git pane. A window opens showing the file you staged and, underneath, every line you're about to record. Type a message in the 'Commit message' box on the right. Make it say why you made the change rather than just what you changed. I suggest something like 'add cardiac report from Exercise 7'. A message like 'update' isn't very useful, and in six months you'll be grateful you wrote a proper one. Click the **Commit** button in that window, read the confirmation, and close it.

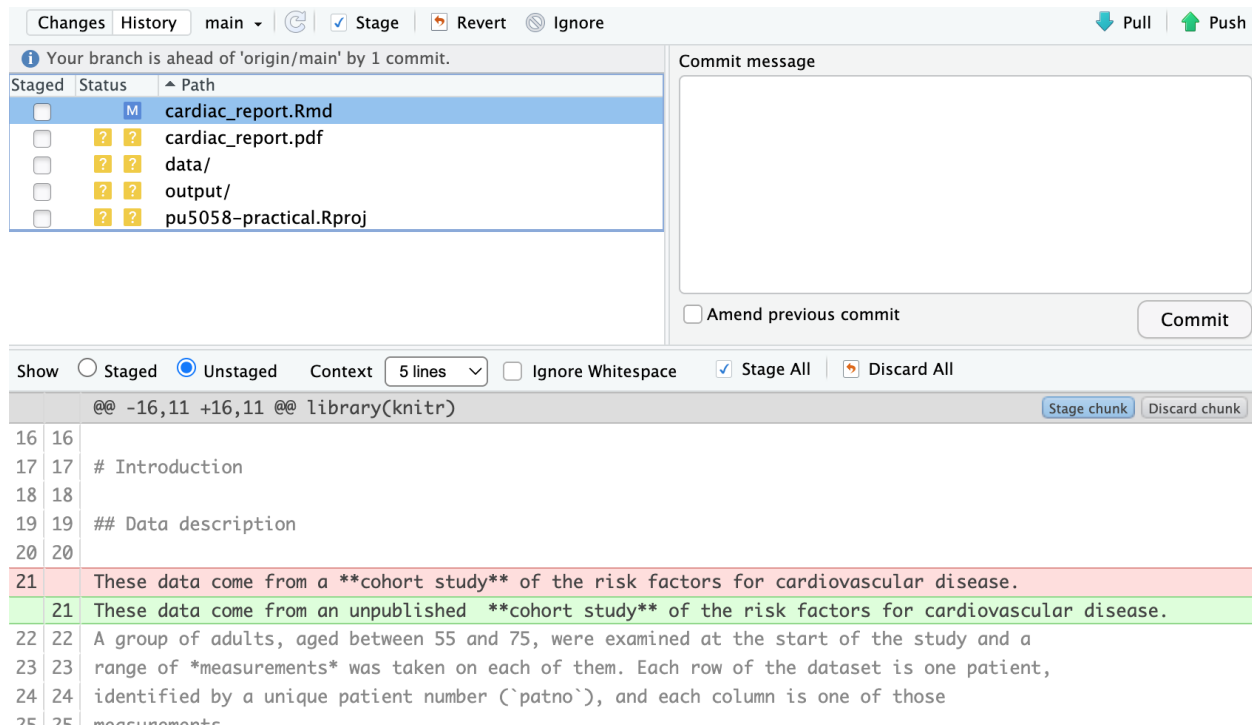


Your report is now recorded in the history, and notice that it all happened on your own computer. Nothing has gone anywhere near GitHub yet. We'll get to that in Q8.

A line has also appeared at the top of the Git pane saying that your branch is ahead of 'origin/main' by 1 commit. `origin/main` is Git's name for GitHub's copy of your work, and that line is Git telling you the two copies have drifted apart. The number will go up each time you commit, and it goes back to nothing when you push commits to GitHub (Q8).

5. Now let's do this process again to reinforce it. Open the `cardiac_report.Rmd` again, find the sentence in your data description that begins 'These data come from a cohort study', and reword it to say that the study is unpublished. Save the file. Notice that it now reappears in the Git pane, this time with a blue M for 'modified'.

a) Before you commit, select the file and click the **Diff** button in the Git pane.



Read what it shows you. Added lines are green, removed lines are red, and the unchanged lines around them are there for context. Notice that Git has recorded your reworded sentence as one line removed and one line added, because Git works a line at a time and has no idea that the two are almost the same. Getting into the habit of looking at the diff before committing can help catch mistakes later on.

Notice too that the diff is of your `.Rmd` file rather than the PDF. Git is designed for plain text, which is exactly what an R markdown file is and it is one of the reasons for writing a report this way rather than in Word.

- b) Stage it and commit it with a sensible message ('add publication status to data description'), again without pushing. Close the commit dialogue window.
- c) Now click **History**, the clock icon in the Git pane. You'll see your two commits at the top, most recent first, with the **Initial** commit that GitHub made for you sitting underneath them. Click on the top one and the panel below fills in with the details of just that commit, including the changes it contained and its **SHA**, the long string of letters and numbers that is the commit's name. You'll come back to that panel in Q10.

Changes
History
main (all commits)
Search
Pull

Subject	Author	Date (UTC)	SHA
HEAD -> refs/heads/main add publication status to data description	Alex Douglas <alex106@gmail.cc>	2026-09-08	4f0792c5
add cardiac report from exercise 7	Alex Douglas <alex106@gmail.cc>	2026-09-08	88020ca5
origin/main origin/HEAD Initial commit	Alex Douglas <alex106@gmail.cc>	2026-09-08	87223940

Commits 1-3 of 3

SHA 4f0792c52af1cba11923aca0b39d5702c6ec7d7e
Author Alex Douglas <alex106@gmail.com>
Date (UTC) 2026-09-08 08:09
Subject add publication status to data description
Parent 88020ca56eb61c6395f048e40164f7e079b3b49a
cardiac_report.Rmd

cardiac_report.Rmd
View file @ 4f0792c5

```

@@ -18,7 +18,7 @@ library(knitr)

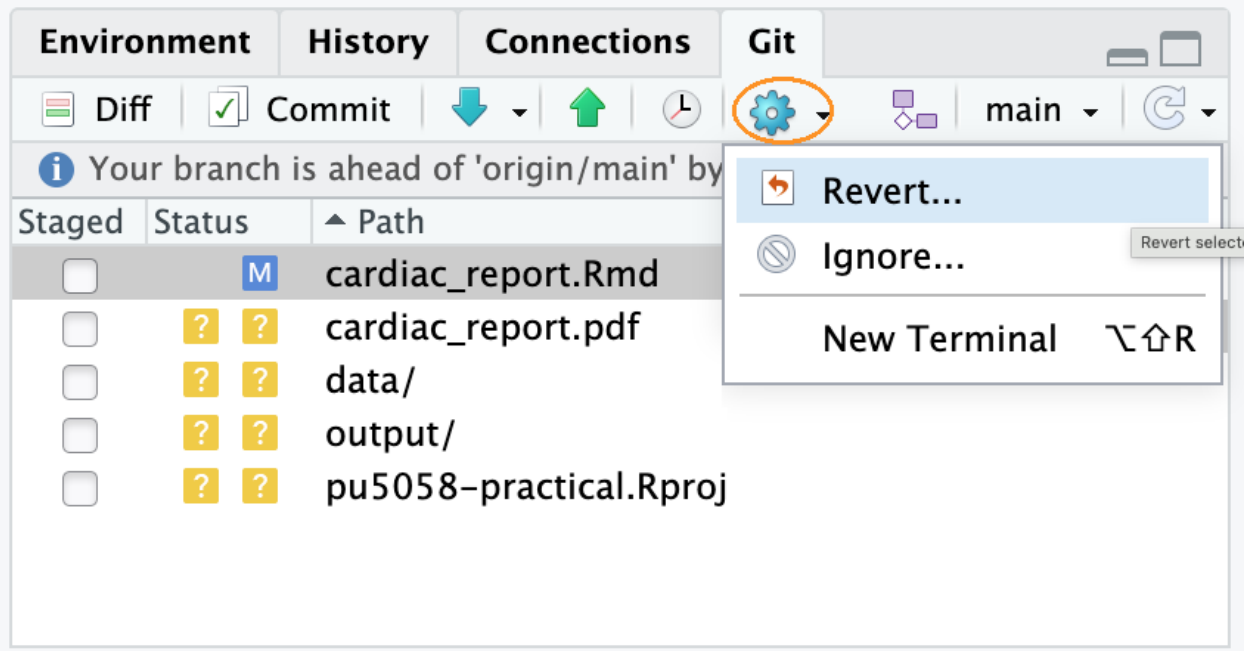
18 18
19 19 ## Data description
20 20
21 These data come from a **cohort study** of the risk factors for cardiovascular disease.
21 These data come from an unpublished **cohort study** of the risk factors for cardiovascular disease.

```

This history is the part that makes version control worth the trouble. The backup is useful, but being able to look back at what you did, and why you did it, is even more useful.

6. OK, so everyone makes changes they wish they hadn't and the great thing about Git is that it gives you a way back. So let's make an intentional mistake in our `cardiac_report.Rmd` file and then recover.

- a) Open your report, delete the whole `chol-plot` code chunk that draws the boxplot, and save it. Do **not** commit. Now click on `cardiac_report.Rmd` in the Git pane to highlight it, click the blue gear icon along the top of the pane and choose **Revert...** Say yes to the warning, then look at your report again and the deleted chunk is back.

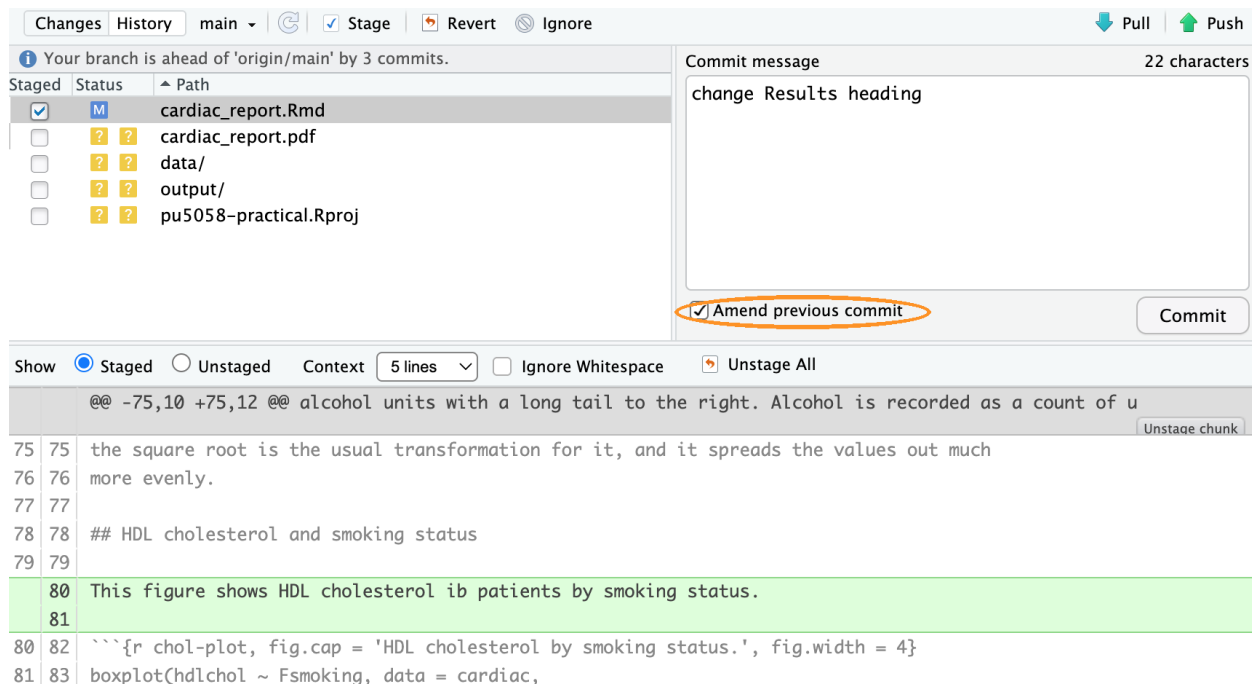


Be careful with this one. It's not an undo button. It throws away *everything* you've changed since your last commit, not just the last thing you did, and there's no way back. Commit often and you'll rarely need it.

b) Now a subtler one. This time, do the following so that you can see what changes.

In your R markdown report, find the **## Results** heading and change it to something more useful, say **## HDL cholesterol and smoking status**. Save the file, stage it, and commit it with the message **change Results heading**.

Now let's say you've just realised you meant to do a bit more than that. Underneath that heading, add a sentence saying what the figure below it shows (something like 'This figure shows HDL cholesterol in patients by smoking status.'). Save the file and stage it again, but this time, before you click **Commit**, tick **Amend previous commit**. Notice that RStudio fills the message box back in with **change Results heading** for you. Then go ahead and **Commit** as usual.

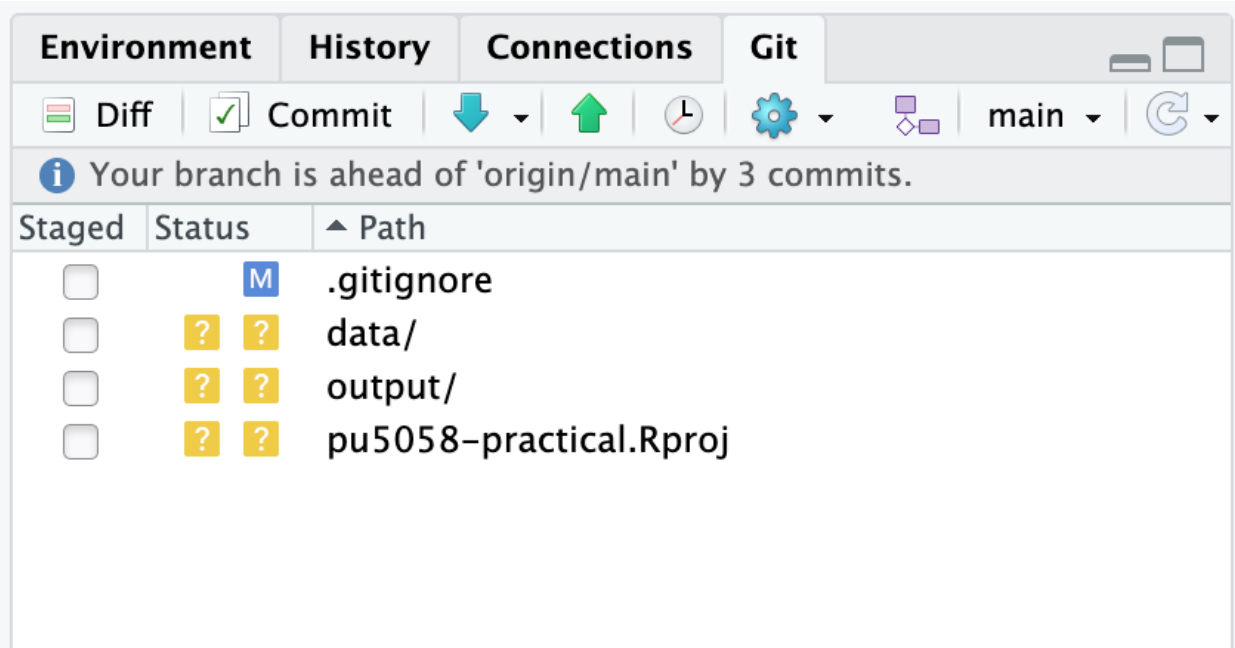


Click the **History** icon. You made two separate changes and clicked **Commit** twice, but there is only one new commit, holding both of them. That is what amending does: rather than adding a commit, it replaces the previous one.

You're safe doing this here because you haven't pushed anything to GitHub yet. Once a commit is on GitHub other people may already have it, and rewriting one at that point causes them problems, so treat **Amend previous commit** as something you only ever use on work that is still on your own machine.

7. Before we send any of this to GitHub, we need to decide what's worth sending. Open the `.gitignore` file in your Project (you'll see it in your 'Files' pane). This is the list of things Git deliberately ignores. When we set up our GitHub repository back in Q2, we chose the R template, which gave us a sensible starting point.

- a) Read through it. You might recognise `.Rhistory` and `.RData` among others.
- b) Look back at the Git pane. `cardiac_report.pdf` is still sitting there with a yellow ? from Q4, and it will reappear every time you knit. We don't need to track this file as anybody with our `.Rmd` file and the data can produce it again in one click. To stop Git tracking it we just need to add the file name to the end of our `.gitignore` file. Once you save it, `cardiac_report.pdf` will disappear from the Git pane and `.gitignore` will appear in its place, because we've changed it and it is tracked.



If you're on a Mac you may also see a file called `.DS_Store` in the pane, which Finder writes into every folder you open and which has nothing to do with your work. Add that to `.gitignore` too if it bothers you.

- c) Notice that the gear menu you used in Q6 also has an **Ignore...** option, which adds the selected file to `.gitignore` for you rather than making you type it. It's up to you which one you prefer (you don't need to do both!).
- d) Now think about your `output` folder. It holds `ex6_admissions.png`, and your report can't knit without it. If you ignored that folder, anybody who cloned your repository would get a report that fails on the last figure. So we will need to track this folder (we'll do this in just a sec).
- e) Last of all, think about your data. `cardiacdata.txt` is small, unchanging and not confidential, so committing it is reasonable and makes the project self-contained. Real patient data would be a different matter entirely. **Never put confidential data or passwords in a repository**, and be especially careful with public repositories as deleting a file doesn't remove it from the history.
- f) So let's put that into practice. The folders `data/`, `output/` and the file `pu5058-practical.Rproj` have been sitting there untracked since Q4, and all three belong in the repository. The first two because the report needs them, and the third because it is what makes the folder an RStudio Project for anybody who clones it.

Stage those three and the `.gitignore` you just edited, commit them with a sensible message, and look at the Git pane afterwards. It should be completely empty. Everything you wanted is now in the history and everything you didn't is being ignored, which is exactly the state you want a project to be in before you send it anywhere.

8. OK, let's stop for a moment before we do anything else. Everything you have done up until now has been **local**. Every commit you made in Q4 to Q7 went into a hidden folder inside the `pu5058-practical` directory on your own computer and GitHub has no idea that any of it happened. Go back to your repository page in your browser and refresh it. All you should see is the README and the `.gitignore` files that were created when we first set this repository up back in Q2.

Git gives you the version control (the history) and GitHub is about to give you the backup (and a way to collaborate with others). Everything from here is about keeping the two in step. So let's 'push' all our changes to GitHub.

Click on the green **Push** arrow, the up arrow in the Git pane. A window opens showing you a summary of what Git did.

A screenshot of a 'Git Push' terminal window. The window has a title bar 'Git Push' and a 'Close' button in the top right corner. The terminal content shows a successful push command and its output.

```
>>> /usr/bin/git push origin HEAD:refs/heads/main
To https://github.com/alexdl06/pu5058-practical.git
 8722394..d89f251 HEAD -> main
```

Wait for it to finish, close it, then go to your repository page on GitHub in your browser and refresh.


pu5058-practical
Public
Pin
Watch

main
1 Branch
0 Tags

Add file
<> Code

 alexd106	add data and output directories and update gitignore	d89f251 · 1 minute ago	5 Commits
 data	add data and output directories and update gitignore	1 minute ago	
 output	add data and output directories and update gitignore	1 minute ago	
 .gitignore	add data and output directories and update gitignore	1 minute ago	
 README.md	Initial commit	26 minutes ago	
 cardiac_report.Rmd	change Results heading	7 minutes ago	
 pu5058-practical.Rproj	add data and output directories and update gitignore	1 minute ago	

 **README**


pu5058-practical

With any luck, your R markdown report is there, and so are the data, the figure and the .Rproj file, which means somebody could clone this repository and knit your report themselves. So is every commit you made along the way, not just the last one. Push sends everything Git has that GitHub hasn't. Click on the commit count button near the top of the file list on the right and you'll see them all, with the messages you typed. Back in RStudio, the line telling you that your branch was ahead of `origin/main` in the Git pane has also gone, because the two copies now match.

If the push fails with a message about authentication then your token is the problem rather than anything you've done here (see the last section of the setup page). Everything you have committed is safe on your computer either way so don't panic!

9. OK, let's go one more time around this workflow all the way through to GitHub without stopping. Change, stage, commit, pull, push. That sequence is what you'll be doing all the time when using Git, so it's worth doing once from end to end now that you know what each step is for.

- Open `cardiac_report.Rmd` and add a sentence of your own at the end of the text, under the last figure and just above the `## Session information` heading, saying what you would look at next if you had more time. It doesn't really matter what you put, just write something sensible. Now save the file.
- Click **Diff** and read the change (just to confirm), then stage the file and commit it with a message saying what you added and why.
- Before you push, click **Pull**, the blue down arrow. You'll get a short message telling you that everything is already up to date, which is exactly what you'd expect. You're the only person working on this repository, and the only things on GitHub are the things you put there.

Having said that, it's still a good habit to get into. When you're working with other people, they'll have been committing while you were, so you need to pull their changes down before you push yours up to keep the two copies in step. If you both change the same lines of the same file and neither of you pulls first, Git can't tell which version is right and asks you to sort it out. That's a merge conflict, and sorting one out is a lot more work than the quick pull you skipped. So my advice is to **Pull before you push**, even when, as today, there's nothing to pull.

- d) Now click **Push**, and refresh your repository page on GitHub. Click on your `cardiac_report.Rmd` file in the file list to display its contents and your sentence should be there, just above the **## Session information** heading.

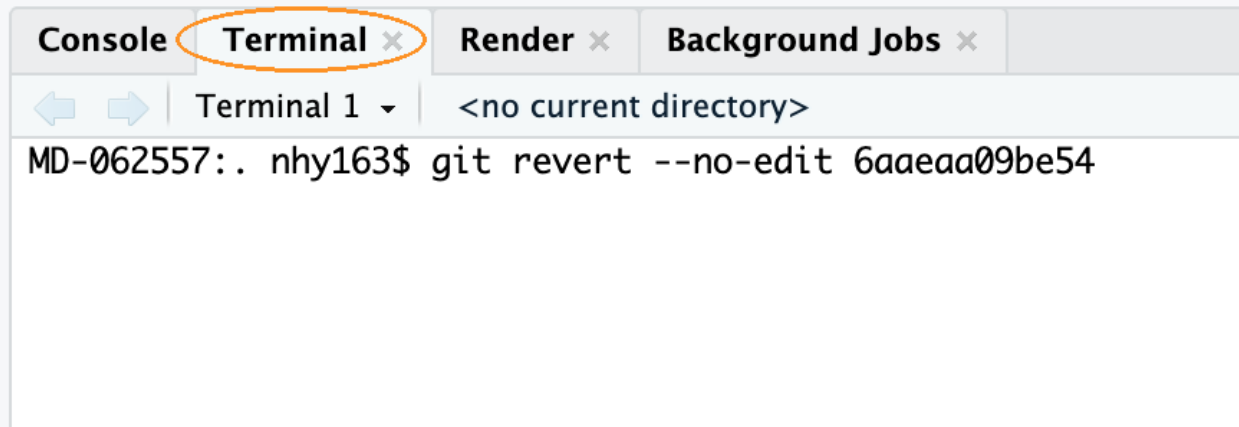
10. Last of all, the question everybody gets to sooner or later. You've pushed something, and then realised it shouldn't have gone.

Both of the ways of undoing things you've met so far were for work that was still on your own computer. **Revert...** in the gear menu, from Q6a, throws away changes you haven't committed yet, and you've committed this one. **Amend previous commit**, from Q6b, replaces your last commit, and as we said at the time it's only safe before you push. So neither of them will do here. What you need is a way of undoing the change that leaves the history alone.

That something is `git revert`, which adds a *new* commit that is the exact opposite of an old one. The original stays in the history, the new one cancels it out, and anybody who already has your work simply gets one more commit. Be careful with the name, because RStudio's **Revert...** button and the `git revert` command do quite different jobs. Unfortunately there's no button for `git revert` in RStudio, so this is the one place in this exercise where you type a Git command yourself.

- a) First, look at the Git pane and make sure it's empty. `git revert` won't run if you have uncommitted changes lying around. If you have any, commit them.
- b) Now we need to find the commit you want to undo, which is the one you made in Q9. Click **History** (the clock icon), and click on that commit. Its full **SHA** appears in the panel underneath, which is a long string of letters and numbers. This is the commit's name. You only need the first seven or eight characters, so copy those, or just write them down.
- c) Open the Terminal in RStudio. It's the tab next to the Console in the bottom left pane. If it isn't there for some reason, go to the **Tools -> Terminal -> New Terminal** menu, or use Shift+Alt+R (Option+Shift+R on a Mac). The Terminal isn't the R console. It talks to your computer directly rather than to R, so R commands won't work in it.
- d) In the Terminal type the following line, with your own SHA (the one you just copied above) in place of the one below, and press enter:

```
git revert --no-edit 1b0f779
```



The screenshot shows the RStudio interface with the 'Terminal' tab selected. The terminal window displays the command `MD-062557:.. nhy163$ git revert --no-edit 6aaeaa09be54`. The 'Terminal' tab is circled in orange. Above the terminal, there are tabs for 'Console', 'Terminal', 'Render', and 'Background Jobs'. Below the tabs, there are navigation arrows and a dropdown menu showing 'Terminal 1'. The terminal output shows the command being executed.

The `--no-edit` part matters. Without it Git opens a text editor so that you can write a commit message, and whilst that can be useful, the editor it opens is one that's genuinely hard to get out of if you've never met it. With `--no-edit`, Git writes a sensible message for you. Since the commit you're undoing is the most recent one, you could also have written `git revert --no-edit HEAD`, because `HEAD` is Git's special name for wherever you are now.

- e) Look at your report. The sentence you added in Q9 has gone. Look at the Git pane and you're one commit ahead of GitHub again, although you may have to click the refresh icon, the circular arrow on the right of the pane, before RStudio notices what you did behind its back! Click **History** and you'll see both commits, the one that made the change and the one that undid it, so the record of what happened is complete. Click on the new one and the panel below shows you the message Git wrote for you. It names the commit it has just undone, and that SHA should look familiar because it's the one you copied back in Q10b.

SHA e3e1eb0b26c5dbfb3f40fe401d9326289eb68c1c
Author Alex Douglas <alexdl106@gmail.com>
Date (UTC) 2026-09-08 08:35
Subject **Revert "add future work note"**
Parent 4191cfd1e276a8b4aab1573e7e990000e2201c0

This reverts commit 6aaeaa09be54db022f6fb6e4aeac38f674569032.

 [cardiac_report.Rmd](#)

- f) Now **Push** as usual, and refresh your GitHub page in your browser. The report is back to how it was before Q9, and your Git history says why.

You can use `git revert` on any commit in your history, not just the most recent one, by giving it that commit's SHA. Be clear about what it does though. It undoes the changes that one commit made, it doesn't wind your whole project back to how it looked at that point. That's the general answer for anything that's already public. Once a commit has been pushed, you undo it by adding another commit rather than by

taking one away. There are many other Git commands to learn and I've given you some links to additional resources below.

Where to go next

Git can do a great deal more than this. **Branches** let you work on something risky without disturbing the version that works. **Forks** and **pull requests** are how people contribute to each other's projects. **Merge conflicts**, the ones described in Q9, have a set of tools of their own once they get beyond the straightforward. None of that is needed for this course, and all of it is easier to learn once the everyday loop in this exercise is second nature.

When you want to go further, the standard reference for R users is Happy Git and GitHub for the useR, which is free online. Section 9.6.4 of the Introduction to R book gives an overview of how collaboration works.

One more thing before you go. The website you're reading this on is built from a public GitHub repository, using exactly the tools in this exercise. The **Source code** link in the menu at the top of this page will take you to it.

End of Exercise 9